

# **Heart Bible Institute University**

## **SPIRITUAL COUNSELING LIFE COACH CERTIFICATION PROGRAM**

### **SCLC Certification**

[Classes are held on Saturdays through our zoom platform](#)

Class Begin \_\_\_\_\_

Each student will do about 10 classes; each class is 1 hour, so within one month you would have completed the entire course and participates in our virtual graduation

### **THE COURSE CONSIST OF 11 Modules**

Biblical Foundation of Coaching

Spiritual Counseling

Foundations of Coaching

Intro to Spiritual Counseling

Beginning a Coaching Relationship

Coaching is Client-Centered

Getting S.M.A.R.T. About Goals

The Art of Listening

The Art of Listening Part 2

Asking Questions

Finding Solutions & Designing Actions

Support & Accountability

Each module contains:

Training Video

Practical Coaching Core Competency Exercises

Relationship Coaching

Business Coaching

Everything you need to know about starting your business

Coaching is one of the most exciting, lucrative industries to be in right now ... and for years to come. This isn't something we're making up; this is from studying industry trends and where people are most willing to invest in their personal development and well-being.

Personal development is part of a trillion dollar industry, so where exactly are people investing in themselves?

Check this out:

According to the US Department of Labor, the number of Life Coaches employed in the US is expected to grow 21% by 2022 (that's in the next 5 years).

Over the same period, overall employment growth is projected at 10.8%. Healthcare and social assistance, the bucket that life coaches fall into, is projected to be the fastest growing source of employment in the economy.

The average salaries of Life Coaches are estimated to be in the range of \$50K – \$75K, with the top 10% of coaches earning \$100K and above.

What this means is that people are definitely looking for and paying for alternative ways to feel better than with the right education, you can provide.

The beauty of our program is that you will be able to start your career as a Spiritual Life Coach OR a Health Coach.

Coaching—the way we teach it—works on 4 domains:

- Spiritual well-being
- Physical well-being
- Emotional well-being
- Cognitive well-being

A real Life Coach is someone who brings health to all 4 domains.

## **Benefits of Effective Life Coaching**

Researchers have found many potential positive results of life coaching, but some of the most common outcomes include:

1. A stronger sense of identity and purpose for the client.
2. The client living the life that they have dreamed about, through enhanced mental health and increased quality of life and goal attainment. This is across a broad range of goals including starting a business, expanding their social life, creating more work/life balance and improving their financial status. Achieved through smart goal-setting and better follow-through, self-regulation, enhanced communication and problem-solving skills, and client empowerment with the support of the coach
3. Positive change in client behavior and beliefs, including improved self-confidence, self-acceptance, and insight into one's self
4. Reduced self-reflection and boosted insight.
5. A better quality of life in general, with greater well-being, increased hope and decreased stress

Life coaching is often a fulfilling and positive experience for coaches too.

Coaches can gain fulfillment from the coaching process itself and the collaborative relationship with their clients.